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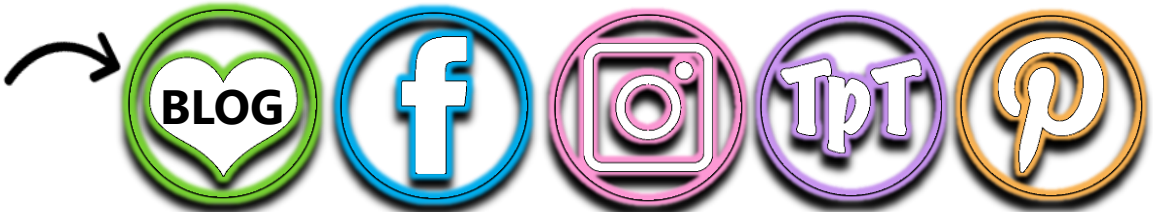
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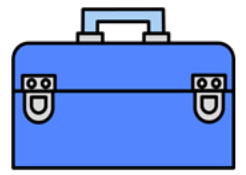
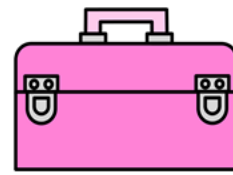
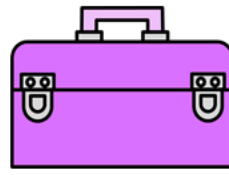
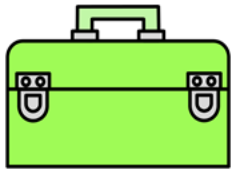
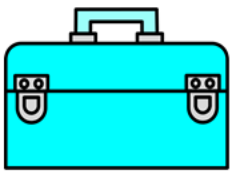


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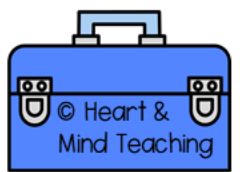
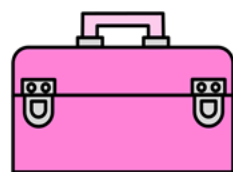
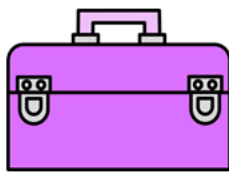
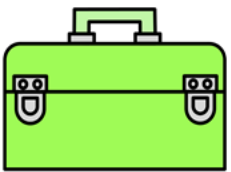
If you have any questions or concerns please email me at:
heartandmindteaching@gmail.com

♥
Ashley

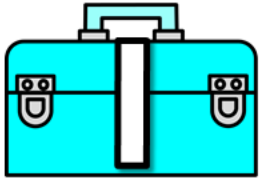


BEHAVIOR TOOLBOX

Underachiever



BEHAVIOR TOOLBOX



Underachiever

What it looks like

- *Student does not work up to their potential.
- *Student has poor study habits and does not complete homework or classwork.
- *He/she does not accept responsibility for their behavior.
- *He/she often appears bored.
- *This student is more susceptible to peer pressure.
- *Student lacks self-esteem and has a sense of learned helplessness.
- *Student continually experiences failure, either because they cannot do well or they are fearful of risking future academic attempts because of previous failures they have experienced.
- *Parents may blame the teacher for not "teaching correctly".
- *Other students may start to decline academically because they see this student underachieving.

Underachiever

BEHAVIOR TOOLBOX



Underachiever

What to do

*This student does not want to risk disappointment by making an effort, this will take time to change, but it starts with rewarding any small efforts made. Encourage the student with a lot of praise.

*Provide the student attainable tasks so that they are likely to be able to achieve, once they start to feel success they will realize that more success is also possible, and you can set your goals for them to be higher as they gain confidence. Make sure you are encouraging them constantly. It is very important for this student to get recognition.

*When calling on this student in front of other classmates, make sure it is a question that you think they will be able to answer correctly. This student is likely worried about looking stupid in front of others.

*When speaking to the student privately, be honest and tell him/her that you believe they are not living up to their true potential. Talk about the fact that this student wastes time and often does not perform well due to lack of preparation, rushing through assignments to just get them done, and perseverance (pushing through when something is slightly difficult). Explain that you are going to work with him/her to improve those areas, but you have to work together.

*If the student refuses to do assignments, do not allow him/her to participate in the next activity, have them sit idly. This student will want to be included in group activities and may change their actions when they are not included due to lack of work.

*Have the student complete a reflection paper every day to reflect on their own behavior. Have them answer these questions: What took too much time today? What was too complicated? Why did this portion of the class take so much time and why was it so complicated? What can you do next time this happens?

Underachiever

BEHAVIOR TOOLBOX



Underachiever

What NOT to do

*Do not expect an F student to turn into an A student right away, baby steps in a positive direction should be the goal.

*Do not give up on this student, continue to have hope that they will change.

*Do not focus on this students weaknesses, they already know this, instead talk about their strengths.

*Do not put the underachiever down, they need to be lifted up and encouraged more than anyone else.

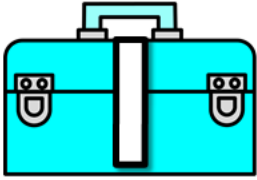
*Do not assign additional work to this student, that will have the opposite effect of what you are looking for.

*Do not neglect speaking to parents about the concern, likely parents will come to the conference expecting resistance. Use the wording of "What can we do together?" instead of pointing fingers/placing blame. Suggest a reward chart for completed work that is used at school and at home. The student will see that you are working together to help him/her and will want to achieve those rewards (find a reward that would mean something to the student, get their input on what this might be).

Underachiever

BEHAVIOR TOOLBOX

Underachiever Quick Guide



What it looks like

*He/she often appears bored.

*Student lacks self-esteem.

*Student does not work up to their potential.

*Student has poor study habits and does not complete homework or classwork.

*He/she does not accept responsibility for their behavior.

*Student continually experiences failure, either because they cannot do well or they are fearful of risking future academic attempts because of failures they have experienced.



What to do

*This student does not want to risk disappointment by making an effort, this will take time to change, but it starts with rewarding any small efforts made. Encourage the student with a lot of praise.

*Provide the student attainable tasks that they are likely to be able to achieve, once they start to feel success they will realize that more success is also possible, and you can increase their goals, as they gain confidence. Make sure you are encouraging them constantly.

*When calling on this student in front of other classmates, make sure it is a question that you think they will be able to answer correctly. This student is likely worried about looking stupid in front of others.

*If the student refuses to do assignments, do not allow him/her to participate in the next activity, have them sit idly.

*Have the student complete a reflection paper every day to reflect on their own behavior. Have them answer these questions: What took too much time today? What was too complicated? Why did this portion of the class take so much time and why was it so complicated? What can you do next time this happens?



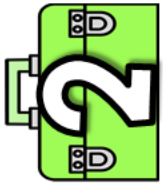
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Underachiever

What to do (Cont.)

Explain that you are going to work with him/her to improve those areas, but you have to work together.

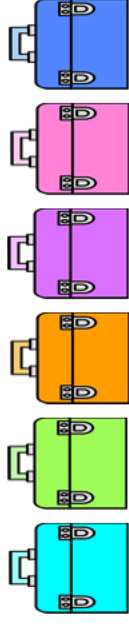
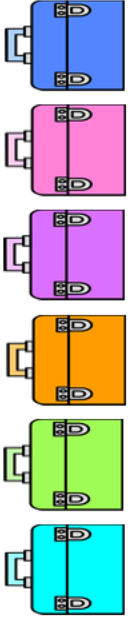
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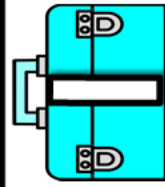
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"A change in
behavior
begins with a
change in
the heart."

BEHAVIOR TOOLBOX

Underachiever

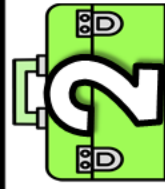




Underachiever

What it looks like

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- (Continues on the flap)



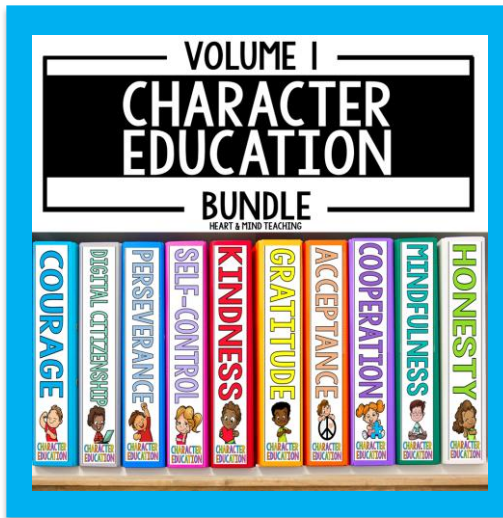
Underachiever

What NOT to do

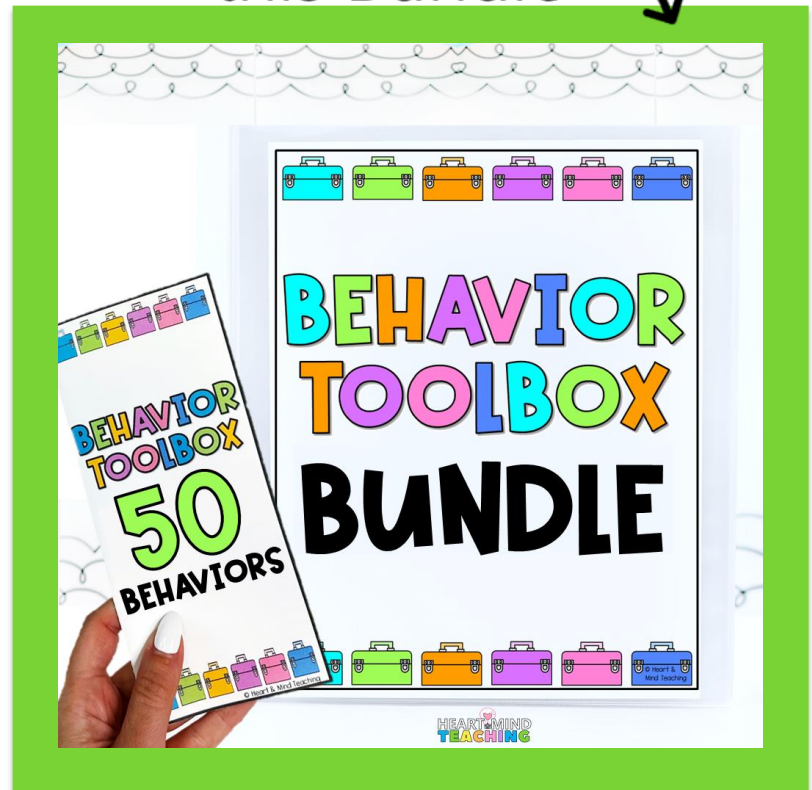
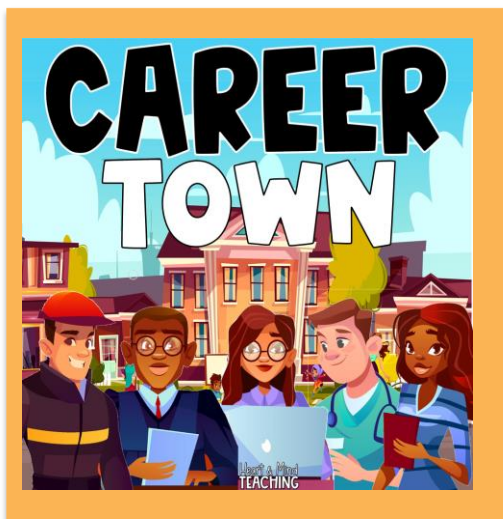
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Hi there! I'm Ashley- a School Counselor, curriculum developer, blogger, and mama to two young boys. I have a passion for creating fun and engaging resources for Counseling and Social Emotional Learning.

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